



# **Beef Scallopini**

with Parmesan Mash

Quick beef minute steaks served with potato and parmesan mash and a dressed side salad.







### FROM YOUR BOX

| POTATOES               | 1kg                |
|------------------------|--------------------|
| SHALLOT                | 1                  |
| ТНҮМЕ                  | 1/3 packet *       |
| TOMATOES               | 3                  |
| CONTINENTAL CUCUMBER   | 1                  |
| GREEN OLIVES           | 1 jar              |
| BEEF SCALLOPINI        | 600g               |
| GARLIC CLOVE           | 1                  |
| SHAVED PARMESAN CHEESE | 1/2 packet (75g) * |
|                        |                    |

<sup>\*</sup>Ingredient also used in another recipe

#### FROM YOUR PANTRY

olive + oil/butter for cooking, salt, pepper, red or white wine vinegar

#### **KEY UTENSILS**

large frypan, saucepan

#### **NOTES**

Boil the kettle and cover potatoes with hot water to make the process quicker!

We used white pepper to season the mash. Add a little water or milk if you prefer a creamier consistency!

No beef option - beef scallopini is replaced with chicken tenderloins. Increase cooking time to 4-5 minutes or until cooked through.



## 1. BOIL THE POTATOES

Roughly chop potatoes and place in a saucepan. Cover with water (see notes) and bring to the boil. Simmer for 10-15 minutes, or until softened. Drain and return to saucepan (see step 5).



## 2. MAKE THE DRESSING

Peel and thinly slice shallot, chop or pick thyme leaves. Combine in a small bowl with 2 tbsp olive oil, 1 tbsp vinegar, salt and pepper. Set aside.



## 3. PREPARE THE SALAD

Slice tomatoes and cucumber. Toss in a bowl with olives and set aside.



# 4. COOK THE SCALLOPINI

Heat a large frypan over high heat. Rub scallopini with **oil** and crushed garlic, season with **salt and pepper**. Cook, in 2 batches, for 1 minute on each side, or until browned and cooked to your liking.



## 5. MASH THE POTATOES

Mash potatoes with **40g butter** to desired consistency. Stir in cheese and season to taste with **salt and pepper**.



# 6. FINISH AND SERVE

Toss salad with dressing.

Serve scallopini with parmesan mash and dressed salad.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



